

Self-Development Center

- Read all directions before beginning

Approximately seven minutes:

- Create self-portrait on construction paper using markers, crayons
 - Pay special attention to the shapes of your features while drawing; use hand mirrors
- Think about the choice you made for paper color, why did you choose that color?
- Explore other art materials at center

Approximately seven minutes:

- Take handouts and read
- Think about contents of handouts, fill in some possible answers or ideas
- Discuss with other people in your group:
 - “Why do we think about these things?”
 - “How can having new ideas and experiences help us to develop tolerance, respect, empathy and compassion for one another?”
 - “How does this affect you as a childcare provider?”